

WORKSHEET B

Title Reflection on types of competences	
Objective(s) To reflect on the different types of competences	
Keywords competence(s) - individual choices - reflection - language	
Ref to the guide	Ref to the CEFR
I, III	5
To complete this worksheet you need... paper, photographs, computer resources...	
Task A	
Step 1 (†)	
<p>Choose one area of personal interest (i.e. playing a musical instrument, practising a sport, a hobby) and think about the competence(s) involved in it, and then try and explain how you have constructed this/these competence(s). In order to reconstruct your itinerary, you may use images, photographs, drawings, or computer resources (i.e. multimedia presentations). Create a visual presentation of your work.</p>	
Step 2 († †)	
<p>Using the work done, discuss your itinerary with a partner. Reflection on competences will be done in pairs, asking the following questions to each other:</p>	
<ul style="list-style-type: none">• Which personal motivations underlie the construction of this competence?• When did you start to construct this competence?• Which difficulties did you encounter?• What is the relation between this competence and language?	
Task B	
Step 1 (†)	
<p>Now choose one linguistic competence and explain how you have constructed it. To reconstruct your itinerary they may again decide to use images, photographs, drawings or computer resources (i.e. Powerpoint). In this recalling process it is useful to remember that learning consists of knowledge (savoir), skills (savoir-faire), existential competence (savoir-être) and ability to learn (savoir-apprendre).</p>	
Step 2 († † †)	
<p>Present your work to the group and the teacher trainer will write keywords on the board as a guide for a targeted exchange in the group.</p>	
Task C († † †)	
<p>Discuss the way you could help your learner to reflect on the different types of competences. Prepare the worksheets you would use as well as possible activities.</p>	