

WORKSHEET A

Title	Personal Theory of Teaching	
Objective(s)	To reflect on one's own practice to understand one's own practice theory	
Keywords	Reflection – awareness –self-assessment – teaching philosophy	
Ref to the guide I, III, IV	Ref to the CEFR 6.0, 6.1, 9.3.4, 9.3.13	
Task		
Step 1 (†)		
Starting from the quotation below and from Chapter I and III of the Guide, reflect on your attitude towards teaching in the form of a little mind map.		
<p>“I have defined this system of knowledge as teachers' subjective theories. Subjective here implies dual denotation. The theories are not only subject bound, influenced by the subject; they are also idiosyncratic as they relate to the personal subject. Teachers' emotional as well as their intellectual relationship is embedded within the subject in question and subjective theories hold a special subject identity. Their teacher identity is thus closely related to their subject; they are teachers of Physics, French, English and so forth with a distinct subject culture. Accordingly, language teachers' subjective theories will be different in their disposition from those of, for example, science teachers or classroom teachers.</p> <p>As an adult learner, a teacher's new knowledge is filtered through his or her subjective theories and in order to make fundamental changes these theories need to be brought out in the open and challenged.”</p> <p style="text-align: right;">(Hafðís Ingvarsdóttir 2006)</p>		
Step 2 († † †)		
Discuss with colleagues where you stand regarding your professional practice. The following questions may guide you:		
<ul style="list-style-type: none">• What are my ideas about the role of the teacher?• Which pedagogical theories do I adhere to? Why?• What has influenced me the most in how I think about the teaching profession?• What do I think are the characteristics of my teaching practice? Why?• What do I want to attain in my teaching? Why? How?• Who is the leader in my classroom and how do I want that to be evidenced?• What are the peculiarities of teaching my subject?		



- What are the main challenges I face every day?
- What strategies do I use and in which situations?

Step 3 (†)

How does reflection and discussion help you to become better acquainted with your professional self? Write a short paragraph stating your personal teaching philosophy.

